While Spiritual Satanism isn't "easy" by the definition of self-overcoming, it's very easy when it comes to what one must do to advance in it.

It's actually so easy to understand because it's a natural existence for a human being to exist in, provided one has understood the value of their existence and, of course, that we exist and have a soul for good reason.

One must not burden themselves to go to extremes, nor become complacent and lazy to the point they get lost. Either way, exceeding either limit is beside the point. Of course, more often than not, most people exceed the latter, but some people might even exceed the first.

Because Spiritual Satanism is natural, it doesn't need crazy rules or regulations to exist. There is no charter like the "613" mitzvot of the jews, or anything that you must forcibly adhere to or "burn in hell" for not doing it.

Do you meditate and try to advance on the daily? Yes. This can also involve studying, deprogramming the mind, and so on.

Do you do something for the Gods every day? Be this FRTR or whatever of the sort, which also includes advancing which is what the Gods take a liking in someone doing? Yes.

Do you live your life, i.e., exist and grow, but also have fun as Thoth intended? Spend time with family, pets, work, go to the gym, and what have you? In Spiritual Satanism, we do not forsake these matters in their entirety. We are FOR existence.
In general, everything we do for the Gods, somehow always returns to ourselves. This can be through learning, understanding, wisdom, positive attention, etc. "For the Gods" includes ourselves too, in return. Our paths are close. In Spiritual Satanism, this is a mutual bonding situation.

If the above answers are yes, then that's all you need. We need not to overly complexify matters. You are walking the path.

If you answer no to one of the questions above, this area needs some attention.

If you answered no to more than one of these simple three questions, it's time to make a check on the other two.

The full actualization of Spiritual Satanism results from applying all three.

If you do none, then you are not really taking this seriously, and you are drifting into ignorance again. This path is a walking path, not a mere declaration of allegiance to Satan where one does nothing but stay idle, and throw a show.

An approach like this cannot reasonably lead to further progress.

We can decide to go deeper in any of these three areas, depending on level of development. As we go, priorities change a bit, and this depends on where we are and what we seek - so on and so forth.

As power, abilities, and wisdom grows, and in regards to our allowance, we understand the important things in life and we want to do more. Between the three above, we might prioritize and so on, but we must not forsake these three pathways.

It's really that easy. In this simplicity, there is also the beauty of it all.