Because many people make a big deal on how to do the RTR's I will relate a very secret method on how to do them and how these deal maximum damage.

1. Go to the freezer.
2. Open the freezer.
3. Look at your Hitler Ice Cream Selection.

4. Here is the serious part of the RTR. What Ice Cream will you be eating while you destroy the enemy? Will it be chocolate Cone, Vanilla? Will it be Chocolate Cookies combo? Will it be something else? This is the hardest and most tiring part about this whole thing. I always sit by the freezer with indecision on that one. I don't wait for a lot of time though. I eventually just decide.

5. After you have picked your ice cream, you go to the couch.
6. You sit on the couch, and take your most comfortable position possible. Here is where you eat the ice cream slowly, like painfully slowly as a jew who hasn't eaten food for weeks is standing in front of you and tells you about the lolocaust.
7. The amount of comfort you experience must be borderline illegal. Hitler ice cream revitalizes you as you eat it.
8. Take your phone out or printed paper with the RTR. If you mess it up with ice cream you can lick it, nobody's looking.
9. Do the RTR. Destroy the enemy. Spam a few RTR's. You might want to have water handy since you have been devouring a lot of sugar.
10. If you do more than the expected four RTR's for the day, go to the freezer and repeat.
11. Watch the enemy having tantrums from this and breaking down. You might want extra ice-cream during this phase. Make sure it's Hitler Ice Cream Gelato.
12. You can finish the RTR by having sardonic laughter in the damage you have caused. Contemplate on the bliss.

Advisably I'd get a portable freezer so I would pick up an Ice cream between RTR's. But this is really up to you. These are the hard decisions of life.

Not if you will do the RTR's. The RTR's are a force of good especially when combined with your chilling. Do not let jews and infiltrators lie to you... Only those in Israel have a hard time by the RTR's. The jews try to brainwash you to stop doing what harms them. They curse you for 8 hours a day, and they troll you but you can't
do the same for 30 minutes a day. Because this 30 minutes + Hitler Ice Cream = Jews fail forever. And it has been proven.

The only one the RTR's harden is the jewish fate, our resolve, our power, and heighten our powers as a whole. They make the life of the jews harder and gruesome. Your life becomes better. Your life becomes easier.

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