[Lordbaphamet666] wrote:
“Hey Hooded. Do I have to keep doing the opening of the soul on my chakras? I feel as if I'm not doing it to my fullest ability. I know it takes a while to feel anything, so should I keep going or what?”

[HP. Hoodedcobra666] wrote:
“The opening meditations can be repeated. At first, you will feel stimulation and goosebumps, which are good indicators you are starting to open up the channels. You also need to really clean them to see any progress, on a daily basis, sometimes as much as three times a day, as negative energy can keep them closed strongly.

You need to be patient with this. This in some cases may take years or months. After your chakras are open (you will feel it when you work on them) then you have to work on them on a daily basis to keep them open and healthy.

Deep down in advancement you will not have to work on them daily to keep them open, they will be open, but you will also need to occasionally re-supply them, clean them and empower them.”

[luis] wrote:
“HP, can you write some more about this? If you have the time of course. When I was new I did the opening chakra meditations but after that I just meditated on my chakras everyday, only after some months I felt that my chakras were more open, of course they are not fully open but I’m working on it.

As my cleaning I do the Reversing Curses 1 and 2 (with 216 reps of Surya) everyday. Do you think it's enough? I know that, like you said, you need to have a clean soul and chakras to have them open (HP Maxine said that it may take from 1 to 2 years to completely clean your soul and chakras).”
Chakras in general have been treated as a mystery object as people seldom understand how they are used or how to appropriately grow them and empower them.

Big mistakes are therefore done in chakra work by people especially in the new age, who "stimulate and open" chakras, which can be extremely dirty, improperly empowered, and generally dysfunctional, which causes a series of problems. Much of this comes not only from spiritual disinformation but also from how these people practice strange communion with entities hostile to humanity such as the grey aliens, who want to keep us dysfunctional, sick, and pacified in their alien agenda.

Your chakras sound to be open, but this does not imply they are as expanded or as empowered. This is a second phase of the opening of them in full, which is essentially that, empowering them and feeding their content.

Dirt is also created as one who lives and requires a shower, but most of the issues can be cleaned within a 2-year span in some cases, more.

Many people chakra wise are dirty, others more others less, and some are in terminal condition by clinical standards, we would call this "hospitalization stage", but most people only care about these things where their Netflix or internet isn't working, or when they are like brutally murdered in an alley, or when they lose their family, or when they experience poverty, or when they are smacked in the face by nature, in which case they start asking questions.

This dirt can extend back to lifetimes of non-work, but the good news is that all of it can be solved by working on them and cleaning and empowering the chakras. As one who does not take showers for years, will have such a smell that drives other people away, so is the case with desires not manifesting, or with all sorts of existential perils. Needless to say, when one is aware of this, one has to not spend time debating, but jump into the bathroom and start cleaning.

As a person who smells good and is well taken care of, attracts people easily, like a flower with fragrant pleasing to the senses, everything will be smoother.

Lack of empowerment can close the chakras back up, or make them again limited, like a flower without water. Enki is portrayed as a God of the waters for this very reason, and He carries a basket in representations, which is a little water basket with which He puts water on the tree of life. This is why others of our Gods are also called gardeners, as gardening has a lot to do with natural
circles and also soul maintenance.

If one has any experience with nature or with flowers, they will understand this concept easier. Unfortunately, our civilization is a bunch of idiotic drugged out primates who want fast and lazy solutions with anything, but the flow of nature does go into its own way, and can at best only accelerated - and not cheated. One doesn't want to shower but wants to be clean, one doesn't go to the gym and wants to be fit, one doesn't want to labor but wants to be productive, the list goes on.

This is just the lazy primate nature, which while our salvation in some things, is a great curse in some others, sabotaging our progression.

As a flower may have opened the petals but needs more watering, it's in the process of really "opening" to become a full flower. So, you must constantly water them after the flower opens, to fully "open" it. And then you have to maintain it alive and open, and clean the soil. Over watering also may not help, and similarly may drown a flower, so one has to be progressive on how much water they put on a flower.

As such I have said in the past for people to pace themselves and not be extremely worried. At first one needs a little glass of water, then two glasses, then three; what is important is to give the plant what is necessary to its season and its appetites, and not falsely assume that by putting more water or even fertilizer one will get a stronger plant, as this is not the case. One may drown the plant, and be forced back to square one.

The good news is that the watering and cleaning really doesn't take a lot of time or a lot of effort, after a point. Just a few minutes do suffice. There is nothing heavily laborious here. Just a habit you need to have. As you wash your face in the morning, so you wash your chakras.

Chakras have a lot in common with actual trees and flowers so it's not a coincidence that in the East they used a flower representation, as this was the case everywhere also.

Like a giant tree that is very firm and powerful after thousands of years, if your chakras are extremely strong, they may be able to last extended periods of time without cleaning or empowering, because they have "deep roots" and are able to draw self-sustaining power. The tree will naturally look like a mess if you do not take care of it, dead branches, and so forth. The older and more powerful the
tree, it will last, but this doesn't mean that the condition will be optimal. To keep it at mint and optimal condition you have to work on it daily.

Having powerful chakras means they will be far more resilient to illness, negative energy, and so forth, but if you leave them unattended for very long periods of time, and let yourself fall, they can either close down, or even worse, evoke negativity, which can be harmful to a person.

Even then, you need to water, and take care of them, exactly like a tree, and daily, accelerating the growth and empowerment. And it grows until the trunk weighs tons and tons, and the tree is immovable.

The growth of a tree that is a thousand years old, per year, is about however many millions of new trees, per year. This is the accumulation of power and work taking hold, to where one takes a step and this equals 100 steps of toddlers, in the same amount of time. The more one advances, the progress is cumulative, and stays with someone, and each step taken in development, is multiplied.

Lastly, like a flower that grows both from water and from nutrients of the roots, to actually grow the chakras and make them strong, you need to clean and empower them, but you also need to do activities like Hatha yoga, to bolster the bio-electricity aspect of the soul which corresponds to the material body.

You cannot be a skeleton Ghandi and be malnutritioned and have healthy chakras, and this is why one will experience health issues if they ignore this. This is pushing the empowerment from the physical upwards (aerobic or general physical exercise ties into this), while spiritual work as meditation pushes upwards downwards into the material. Yoga is a great link of both, doing both at the same time, as Yoga is union, but having things to unite makes this better, so meditation and material strengthening is important.

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