Guilt? Depression?

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Generally, one stupid thing modern human beings do is have no understanding of their own emotions.

An example: everyone speaks against "depression" and how it's evil and so on. The reality is, depression can sometimes exist to point you out to things you need to fix.

After not fixing things for excessive periods of time, the depression can grow and grow or it can plague someone for so long, that they "forget" about its origin altogether and blame it as the exclusive factor of every failure. It could be your weight, or that you need a partner in your life, or that you need to fix your income.

It could be other reasons, or even unjustified reasons, but 9.8 out of 10 times, it all boils down to something simple and unresolved from this lifetime.

Of course, our world takes the easy way out: pills, videogames, and other forms of coping bullshit. Then, the monster of depression grows in the background.

The above, only reassures that the situation gets worse and worse. It takes a flipping of a switch [what I am teaching you] to actually tread in the reverse way where the situation can get better and better.

When these emotions are addressed, faced head on, and you start making a small plan on how to deal with this, and you stick to it, you can succeed.

As a Spiritual Satanist, you have all the means at your disposal to achieve this. If you have the plan to build the house, the cement, the bricks, all the tools, the idea, the land, everything literally, but you still whine about being homeless, then you must understand this is one's own fault and that you are just stuck in a rut.

On this, one must suddenly awaken and understand how many tools we have at our disposal. Make use of them. They are here to be used by all of us for internal healing and progress in all ways.

Christians, idiots, slaves, Muslims, and all the blind ones, do not have these, as they believe in lies. Within the context of lies, they pay the price of it.

In our case, we are outside of this.
Guilt, fear, depression, sadness, all the morbid emotions, can be there to alert you to specific useful things. For example, I feel big guilt if I do not help at least 1 Satanist per day. I am very good friends with that guilt, and I love it. It is only there to help me.

In plain words, you might call this discipline and nothing else. The self, needs to be disciplined.

Or your lower self, like a mindless force, will drag you around and destroy you, and turn you into dust. If you listen to this force all the time, it will not allow you to become a higher being. This is a real danger.

When you try to spiritually advance, this command comes from your higher self. How could your higher self want of you for example to sit down and eat all day, until you have become immovable on a chair, or want you to die a short life because of drug abuse?

These are only errors of the lower self who is not obedient to the higher self.

Your higher self, wants you to evolve and to succeed in life, and not to fail and be below your potential. Therefore, because we are emotional beings, oftentimes, when you know what it is that you can do to grow yourself and what you should grow, he is trying to push you to do this.

This could be anything from going to the gym, to taking better care of your children, or starting to engage in artwork. Anything.

After you use logic and you verify that yes, this will grow you as a person, it's great to follow this and NOT focus on the bogus emotions of guilt, fear, depression that are trying to keep you back. They will disappear after you start doing what you should.

Lastly, it's very common that SS tell me that they do not feel "comfortable" with this. You have to understand something, all of you here.

Comfort, peace and understanding, do not arrive for the lazy and the fools. Spiritual gifts of all, arrive in the hands of those who do what they should and are in accordance to the Gods and the higher levels of the self.

This "blissful ignorance" is a lie. Most people you see in this are really sufferers and already goners. You will never be happy if you take the road of the downfall of the human body, mind and spirit.
Depression will plague you, fear will come, and ignorance will hit you so hard at some point that it will leave nothing but tear everything apart. Saturn is the great reaper for a reason.

We want to make sure we listen to the indication of the higher self so that we avoid the day of the arrival of the reaper. And there is an endless garden of growing miracles for those who will do that.

Your higher self does not like ignorance, and if you see humans who look "fine" into this, they are pigs disconnected from their higher self. That is punishable in this universe and the universe does not enjoy that.

Therefore, embrace all of this in its proper context and become its master. Start changing your life, so that happiness and power will be in your grasp and on every other turn of your path, compared to living as a ghoul in the abyss of ignorance where the never-ending spiral of destruction is the path one walks upon.

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