I'm not the only one. Many people have come to see them. If my aura of protection was fat and powerful, they could do nothing most of the time and I either burned the whole room, or just tuned them out. This is my experience. They most of the time attack with telepathy, jamming thoughts over and over in your mind. So, tuning them out works well. Burning them works well.

It's better to burn them than just leave them there or instantly do your aura of protection. While you're protected by the Aura of Protection most of their shit will fail, unless they can overpower it. If they do, build it more. After a point they won't have much of an influence to you. Severing the link by HP Vovim Baghie greatly reduces any influence they can have on someone.

When I first encountered them and really saw them, I personally felt terrified, as it was like seeing the being with my eyes. Therefore, the sight was unpleasant. I brushed it off quickly though and did my aura of protection or resorted to attacking with Blue Satanic fire. I do not remember my reaction. Its normal to freak out at first, you're dealing with aliens there. Some people may not have the same reaction, but I just told you mine. It wasn't fear but I was scarily surprised. Fear is characterized by not taking action but I did. Also, the being was so slime ugly, I cannot really put that in words but disgusting. Always keep your room in blue Satanic fires, so dense that it blurs your astral vision. And an impenetrable aura of protection. They won't bug you that much, if at all.

HAIL SATAN!!!!!!!