[IShatterFur] wrote:
“Hello. I truly need help in overcoming my addiction to fentanyl and heroin, I am in my twenties, and have battled with this since I was 15.

Is there any way the clergy or higher-ranking members could help guide me through this.

I overdose when I relapse.

-Shatter “

There is no way someone could ignore this post, so this will be answered in case others are also going through this.

First of all, you showed bravery to admit this and to face your situation. Yes, this definitely needs to change, because this addiction is one of the deadliest and highly threatening.

The good news is that you are young and if you fix this, it will be as if it never happened sometime from now. More good news is that if this is done on a young age, your chances of success are exponentially high, especially with the means the JoS provides, such as meditations etc.

In other words, if death is chosen in this case, it is not because there was no escape, and you must be completely aware that there is not only a definite escape waiting, but also saving yourself permanently and leaving these things behind forever. This is a chance that other people may not possess, but you do.

The bad news is that this, if continued, leads with certainty to death and worse.

However, if this is surmounted, you can confidently know in yourself that you have a lot of inner power to achieve a lot of things in life.

From studying on the subject and everything else, you need to start meditating and apply advice that was given to other members and successful people in
beating this addiction, from your thread. I will focus on giving you some functional advice on a few things.

People have successfully escaped from these vices with Satan's Help, provided they adhered to meditation, rehabilitation, and stayed focused. I am sure many people in the forum [look how many people here cared for you and answered you?] have received help.

1. Be aware that this is physical.

When you will want to try to stop these things, as with every other addiction, the body itself, and synapses of the brain have become addicted to the substance. In other words, you have to keep in mind, that your mind, and "you", is above this, and that your decision to stop will be encountered by heavy resistance from the body itself, which will start craving [and oftentimes like crazy] the substance.

Some people have gone the other way and bit on the iron, and tried to go on their own through this phase, eating, drinking, and defeating this by locking one's self in and so on. This however, appears to work rarely, and only in cases where willpower is tested to the limits. Because this oftentimes fails, it makes people who are in this loop to consider themselves a failure for relapsing, but simply the reality is one isn't a failure but this method rarely if ever works because of the biological and other aspects.

There are medical specialists that can help people lessen this blow. Seeking professional help or a circle can be paramount here, since willpower may be lacking for you to stop by yourself, depending on the range of addiction. The body may in this case overshadow the mind, and the only way to stop this, is by giving the body a substitute, because as stated, these addictions are well known to be strongly biological.

Nobody here can present better advice than a doctor.

You are going to need professional help here, rehabilitation, because the relapse, although strictly of the biological body, can be easier to defeat this way.

2. Find out what caused this in the first place, and meditate.

These are not for you to focus to correct now, but generally, after you make progress above, to never relapse or have any similar issues, and truly transform, you will need to look inside your heart on what led to these things in the first
Meditation here will be your best friend. In fact, meditation will also help you heal, and you should do Hatha Yoga, proper diet, and all of this. Meditation also will feel highly rewarding and positive as you go.

Eventually, you will be dependent on nothing whatsoever to feel very good with yourself, with your life, with your existence, at great level of self-acceptance, and all the beautiful things. This is HARDWIRED and definitely attainable! It is free, and it does not require you to do anything negative to yourself, only positive things.

3. Sever parasites from your life and move away from an environment that emphasizes that.

The above is self-explanatory. People in the rehab can help you.

4. Think of the Gods, Satan, and other SS here.

At all rates through your journey of climbing above this cliff of death that you are now, keep strongly in mind that yes, there will be moments of peace and anguish. But at all cases, the Gods will be observant, despite of what your body and mind may be going through. If you don't let go of your goal, they will not let go of trying to help you, and the more you do to help yourself, the easier will be their impact felt in helping you.

5. Pineal meditation

Because a lot of these effects deal with the pineal system, as you get better at meditation, focusing on the Pineal system can help, alongside your rehabilitation and self-work, show you how pleasant and beautiful it will be to exist in your own body without the need of absolutely anything but your inwards chakra energy. This will come as a reward for when you are out of this, and will make a lot of the things you consider temporarily pleasant today pale in comparison.

Others have also succeeded in the hundreds here by doing these things, and there is no reason why you should not succeed. It is up to you.

You are wished good luck and do your best.

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