Everyone here is familiar with the "Witches Sabbath" and how this was applied in the Middle Ages by witches to do spell working and other secretive rites. The "Witches Sabbath" is a very classical date for witches for centuries now.

Regardless of the above information online, there is a lot of confusion which will not allow someone to understand how to utilize the so called "Sabbath" for practical spiritual application, which is what this post is going to reveal.

The energy of this day is related to Saturn [Satur-day], and is a day that deals with spiritual purification, when this is treated like this.

Note here: Purification, not just mere "cleaning". This is to cleaning, what daily cleaning of the house is to disinfection and purification of it done during the Spring Cleaning. Those who are very advanced here, will understand the difference, as anyone will as they get further and further with meditation.

For the spiritual aspect of this, women will be more aware than men, as this cycle is already followed by a woman having balanced her period months, as another SS told to me, and this is very accurate. In fact, this is a method of working with time that is externally reflective of this. All of this is directly related to the phases of the moon and how to effectively make use of them, alongside the knowledge already given such as waxing, waning and full moon.

As I have rectified and explained other mysteries of "Saturn", which many people are falsely afraid of, Saturn's Day is an optimal day to do anything that deals with essentially wiping out of one's self negative Saturnian energy or negative dross.

The enemy has stolen the so called "Sabbat" and they have a statement that "Every Jew must observe the Sabbat". As with anything else, this is stolen from Pagan cultures, and the so called "Sabbat" has existed in Pagan cultures prior to Judaism by thousands of years, Babylonian, Assyrian, et al.

One SS Brother also notified me that the Norse, do call this day "Bathing Day". The reasons for this will be elaborated on in this post and are deeply spiritual.
The word "Sabbatu" comes from Babylon and is directly associated with the Moon and the Lunar Disk, but is related to the Sumerian Sa-Bat which means "Mid Rest". This is easily searchable online for those who want to read more on this. However, the meaning of this here doesn't exactly mean "rest", the meaning here is this: Days for purification meditations.

The observing of the Sabbath goes all the way back to the Sanatana Dharma and Shiva worship, and the day for this is in some cases, to be used for rectification rites, in other words, spiritual cleansing. Jews have this stolen of course, both as the "Observing of the Sabbath", but also literally with the name "Shiva".

Generally, the circle for "Purification" has to do with cleaning the soul. This does not have to be followed every "Saturday" or "Sabbath", but it can be started on any Saturday of the year [preferably a Saturday closer to a New Moon]. This is to start a new cycle.

One thing more the "Sabbath" or Saturday is for, is to do a day of intense soul cleansing [for this, a full moon Sabbath is the best every year] before you start another working next week.

Spiritual cleansing, is directly correlated to power, and the Radiance of the Soul. In the East, this is paralleled to the polishing of the Gems. Gems, being symbolic of the chakras.

When we speak of purification, we speak primarily about aura cleaning, chakra cleaning, removing dross from the soul and so on. This is the only way through which the soul can ascend properly, and it is through this siddhis and advanced powers can be later generated in the soul.

Depending on the level which one wants to utilize, more time and energy may be given into this. Solar mantras can be used to that end to achieve success, such as Suryae, Sowilo and so on.

The idea to apply this is as follows:

1. For general purification purposes [1 day at any Saturday of the year]
2. For small purification purposes [7 days]
3. For small-medium purification purposes [such as a medium negative planetary transit, 14 days]
4. For medium planetary transits [21 days - this will generally suffice]
5. For medium or high planetary transits or times where one has a major negativity buildup [28 days or a full lunar month].
For 1 day working: Start on Friday Nightfall, and end by Saturday Afternoon. Best date for this is the Full Moon.

For 7, 14, or 28 days [Going by the lunar circle]: Start on actual Saturday Noon or even Afternoon, or early morning, and finish again within Friday Nightfall or Saturday Afternoon. Best day to begin this circle, is the New Moon.

An example of utilizing this in one day spectrum: Full Moon Saturday, you focus most of your meditations in that day for cleaning the soul. Then, the next day you begin a healing working. This will help boost up the effectiveness of this working.

The above is not in any way to replace a 40-day working for let's say, countering negative transits. The above is only for purification and cleaning focus (More time added on one's schedule to focus on that end) for a set amount of time, and to create an acceleration of cleaning and its effectiveness.

An example of using this to help yourself during a very bad Saturn transit: as you are in the middle of a negative transit, and feel like it's taking you over, you set out the next Saturday and focus daily for the next 28 days in doing soul cleansing in a more focused manner. This will help lessen the blow of the transit, compared to just doing regular cleaning here and there.

An example of using the above for cleaning, let's say, 7 day circle: Cleaning a stubborn chakra for 7 consecutive days, starting from one Saturday and ending again on Saturday.

On a larger perspective, that amounts to only a set number of days where cleaning one's self energetically has a bigger focus, let's say, once or twice a year, should in most cases be enough. The 28 day circle is for some hardcore situations, and a full lunar month was followed primarily by the priesthood for the works on the next year.

The very accurate time of starting a Witches Sabbath, is when the sun has set in Friday, until the time the sun has set in Saturday - this constitutes one full "Sabbath". In essence, this is to be began at the night of Friday [after sunset], ending by the Afternoon of Saturday [when the sun sets]. This follows a lunar approach and not a solar approach on the dates.

In regards to the hidden meaning inside this circle, this is also presented in a story from Enki in Sumeria. The "Shappatu" is related to the purification of the waters [soul] so that the energies of the soul can be clearer and more fertile for spiritual advancement after the cycle is completed.
How this relates to the 40 day circle, is that the numbers given above, will work for cleansing, but not for workings that need to be consolidated. The two circles are EXCLUSIVE to one another and NOT the same.

The 1, 7, 14, 28 days circles only work for workings pertaining to: Cleaning the soul, gaining control of the mind, resolving mental blockages of a minor to medium nature, and doing rectification of the soul. It is for nothing else. In fact, the so called "Lunar" or Sabbatical circle is very, very powerful for these things.

The next very important date of this, is Full Moon Aquarius, Friday - Saturday Morning, July 24th, but only on Europe, I believe. This is where a singular day can be beginning.

The next day of Saturday, New Moon, is July 10th of this year, where a 7, 14, or 28-day purification circle can be began.

All of this will be included in the next SS Calendar for the New Year.

Don't worry, we will include these things for easy access by all and so that they can be used effortlessly by everyone.

Lastly, the 40-day circle remains central, powerful and far more important, all round and all purpose than this. Yet the above can come very, very handy when one cannot focus entirely on a full 40-day circle.

HAIL SATAN!!!