

[Veganism is Unnatural for Humans](#)

Postby [High Priestess Maxine Dietrich](#) » Sun Jul 01, 2018 10:53 am

Horses, cows, rabbits, zebras and other herbivorous animals who are intended to eat vegan do not need or require B-12 supplements. Everything they need is easily and readily available in their food.

Human beings are omnivores (eating both meat and vegetables). A vegan diet does NOT provide essential nutrients for humans. It is NOT natural for human beings. A vegan mother who breastfed her infant- the infant died because of a lack of essential nutrients.

The Jewish media is pushing veganism, as is the Jewish controlled medical profession and other Jewish controlled, as they want to hurt you.

A percentage of Jews are vegan, as orthodox and conservative Judaism have numerous dietary laws, such as the prohibition of eating meat and dairy at the same meal. For example, orthodox Jews are forbidden to eat cheeseburgers. Vegetarianism and veganism do not conflict with that. They are alien souls with alien genes and live abnormal lifestyles.

A proper diet should be balanced. The deal is, people often don't eat enough vegetables, and when those who give up meat and dairy begin eating more vegetables, they often feel better for a while, but this does not last.

Every vegan I've ever seen looks emaciated and unhealthy.

High Priestess Maxine Dietrich

<http://www.joyofsatan.com>

The biggest lie the vegans tell is you can get all your protein from plants and that plant protein is more than enough.

People who are into weight lifting who went vegan mention all of a sudden their body can't recover as well. Their strength goes down, their ability to heal goes down. They stop making any gains and many times they get sick. I notice natural body builders who are vegan even if they have been in the gym for years their strength is that of a total beginner and they look like a total beginner in their physical appearance. Endurance athletes who go vegan also end up with many problems from their bodies lack of ability to fully recover from training. So much for the quality of protein of just the plants.

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[Re: Veganism is Unnatural for Humans](#)

Postby [A Forum Member](#) » Mon Jul 02, 2018 7:59 am

Its the constant brain washing of the vegan ideology. Their whole personality and self identification becomes being vegan so they don't want to leave veganism as they have too much emotionally and mentality invested in it. Veganism is well known to be a hiding place for people suffering from eating disorders. No mistake the psychology of veganism fits so well with people with existing mental disorders.

**Ol argedco luciftias wrote:**I know a whole family that became vegan a couple years ago. The father was a military guy, one of the biggest and toughest guys I ever seen. I just saw him recently and he looks dead! Small, frail, grey skin and hair, soft, twitchy, he's like a new person. Went from a mountain to barely being able to stay on his feet in just a few years. Of course EVERYONE in that family now has some of the thickest glasses, horrible sense of hearing, that twitchy degenerated nervous system, bulging dead eyes, look like they're going to pass out at any moment. And all the time saying how healthy and improved they feel! I'm not dying from a diet with no nutrients, just aging... But then why have you aged so drastically so suddenly? Looks like he's on that bitchified Soy diet that removes all humanity and masculinity.

Got those zombified brains, total marxist SJW liberals from being at least slightly moderate in the past. This is one of the main goals of veganism, crush their spirit and reduce them to senseless barely conscious mannequins to be totally programmed by whatever the are told. I don't get the logic in protesting against factory cattle farms by voluntarily placing yourself as deep as you can into a Marxist Goyim factory farm in every aspect of life... From moderately right-wing to openly supporting Social Marxism, somehow acting like they aren't turning themselves into dead little goyims