## Regarding Affirmations

I learned through experience that affirmations are a must after raising energies. Energy always takes the easiest way out. If it is not directed, it can dig up so-called "karma." Now this is not what New Age idiots keep promoting. That is false and is nothing more than a vehicle for conforming to Big Brother and the current agenda.

Most New Age people aren't much beyond Christians in the way of reasoning and intelligence.

All of us, including animals have certain issues on our souls. For example, in certain cases, people born with physical disabilities, were worked to death, slave labor, for example in a past life, and now in this life, the disability prevents this from recurring, but the individual only suffers, not knowing why.

Other aspects of so-called "karma" can be caused by interactions with others in past lives. My point here is this crap stays on the soul until it is removed.

When you raise your energies, you are amplifying your soul. If the energies are not directed through stating affirmations, whatever is on your soul and ready to manifest, will manifest.

I have read where New Age people had some very negative experiences, especially through activating their serpent. This doesn't always happen, but it all depends upon what is on one's soul. This is individual.

Say for example you're doing a healing for someone. Giving him/her energy and not stating any affirmations. The loved one instead of healing, becomes worse. This can happen.

There is some negative factor on the soul and it is programmed in some way from a past life to cause illness and bad health. This can come from the person themselves, or from another person, like a parent who was abusive and hated that person intensely, for example.

The solution here takes replacing that bad destructive energy with positively programmed healing energy. The healing energy, when backed up with positive affirmations, and when it is powerful enough, will replace the so-called "karma."

Affirmations are extremely important, as these direct the energy raised.

I also want to add here that the affirmations should be short and to the point phrases. They should be in the present tense, as the word "will" in the future tense is not understood by the subconscious mind and soul. The light should also be used with the affirmations, as this is also essential in directing the energies. Visualize the light engulfing yourself or whoever or whatever you are directing the energies on.

Affirmations as I already stated should be short and to the point. The subconscious mind and soul and the energy do not respond to long sentences. If this is a problem, then spilt the affirmation and use one part for one working and the other for another working, but both would need to be done consistently.

Fate can screw one to the wall. Be aware of your wording. For example, I read of a professional athlete who used the visualizations and affirmations. She kept affirming she won. Oh yes, she did win. She was the best in the contest by far, BUT, the judges were corrupted and gave first place to someone else. After the contest, disappointed fans came to her telling her she was cheated and even yelling this out of their cars when driving away.

Make sure you cover details. Like I said, energy will take the easiest way out. Again, this has to do with fate being more powerful, and a lack of knowledge.

If the athlete I mentioned in the above affirmed in her workings that the judges are chose her to be the winner AND that she won the contest, along with enough power in her soul and consistent workings, she would have won.